

Ukrainian Umbrella Association of Psychotherapy



ČESKÁ ASOCIACE PRO PSYCHOTERAPII

UUP, EAP and Czech NAO Joint Online Symposium

Friday November 17thth 2023 09.30am – 16.15pm CET

"The Transgenerational Transmission of Trauma and Recovery from Trauma"

Cost – Free. The Symposium will be held in Ukrainian, English and Czech with simultaneous translation of presentations. All times given are Central European Time (CET)

09:30 am	Introduction to the technical details of the Symposium
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09.35 am <u>OPENING ADDRESSES</u>: Dr Irena Bezic, President of the European Association for Psychotherapy; Professor Roman Kechur, Ukrainian Umbrella Association for Psychotherapy; Jirka Drahota, Czech Psychotherapy Association.

PRESENTATIONS:

- 09.45am Professor Marek Preiss "Transgenerational Transmission of Trauma."
- 10.45am Professor Emmy Van Deurzen "From Crisis to Freedom."
- 11.45 am Coffee Break
- 12 noon Professor Kira Sedykh "The Impact of the War on Family and Psychotherapeutic Systems."
- 12.30 pm Volodymyr Pogorilyy "Experiences of Ukrainian Psychotherapists who left Ukraine."
- 1.00 pm Olena Dobrodnyak "Ukrainian Psychotherapists at the Forefront of Social and Mental Changes."
- 1.30pm LUNCH
- 2.00pm SMALL GROUP DISCUSSIONS
- 3.00pm Coffee Break

3.15pm ROUND TABLE OF ALL SPEAKERS

Moderators: Patricia Hunt FRSA, Former President of the European Association for Psychotherapy, and Alexander Myronenko, Ukrainian Umbrella Association of Psychotherapy.

4.15pm CLOSE OF THE SYMPOSIUM

TO TAKE PART IN THIS FREE EVENT FOR PSYCHOTHERAPISTS IT IS NECESSARY TO REGISTER. PLEASE REGISTER <u>BY 17.00 CET ON WEDNESDAY NOVEMBER 15TH 2023</u> BY CONTACTING:

https://uasymposium.online

In this Third Symposium which is organized and held jointly by the Ukrainian Umbrella Association of Psychotherapy, the European Association for Psychotherapy, and the Czech National Association for Psychotherapy, we are pleased and proud to have distinguished speakers Professor Marek Preiss and Professor Emmy van Deurzen giving their important presentations for Ukrainian Psychotherapists and European Psychotherapists.

We are also proud to present the outcome of several studies related to the mental health and resources of Ukrainian psychotherapists as specialists at the forefront of social and mental changes. The results of this study will be presented by speakers Volodymyr Pogorilyy in the context of a sample of those Psychotherapists who left Ukraine, and Professor Kira Sedykh on the sample of those who remained in Ukraine. Finally, Olena Dobrodnyak, Head of the System and Family Therapy Section of the UUP will summarise the overall findings of the report.

A certificate of attendance will be sent to all those who attend the Symposium.